LETTERS & SOUNDS

A free practice pack for M, S, and T

For parents, teachers, and tutors

This sampler pairs letter practice with beginning sounds.

Introduce one letter at a time. Review it before adding another.

Read all directions aloud. Children do not need to read words yet.

Say the sound clearly without adding an extra "uh."

Say it. Move it. Write it.

M m - mouth

Tap your mouth as you say /m/.

S s - sing

Pretend to hold a microphone as you say /s/.

T t - turtle

Hide your thumb in a fist. Say a quick /t/.

A simple routine

Point to the letter. Say its name, sound, and picture word.

Use the same action each time. Air-write the letter together.

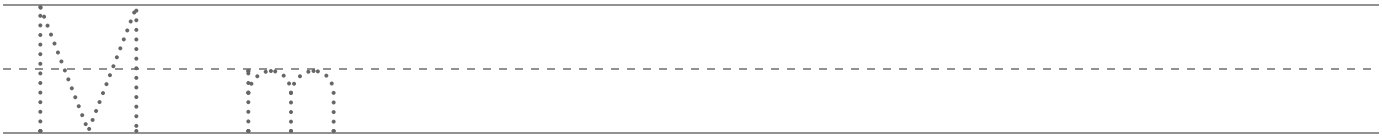
Model letter formation, then let your child try on the big lines.

SAY, TRACE & WRITE

Say the sound. Trace the dotted letters. Write your own.

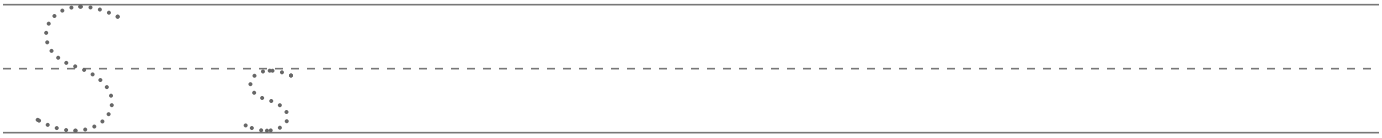
Name: _____ Date: _____

M m mouth



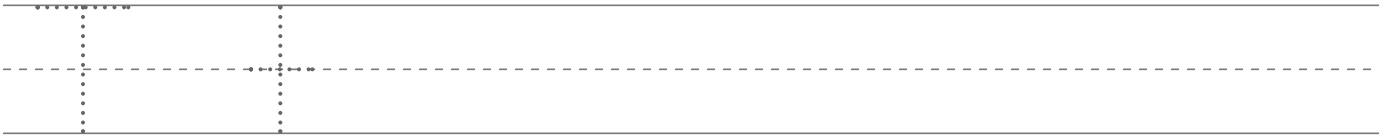
Air-write it. Say its sound. Try writing it on the lines.

S s sing



Air-write it. Say its sound. Try writing it on the lines.

T t turtle



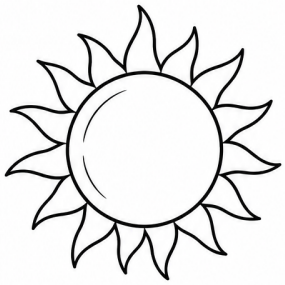
Air-write it. Say its sound. Try writing it on the lines.

BEGINNING SOUND DETECTIVE

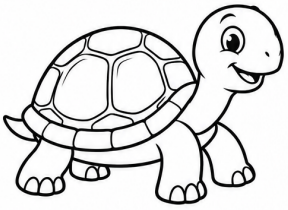
Say each picture name. Circle the letter for its first sound.

Name: _____ Date: _____

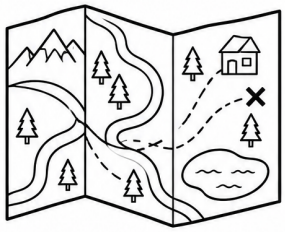
m s t



m s t

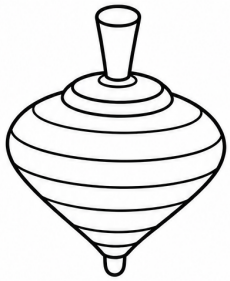


m s t



m s t

m s t



m s t

Adult: Name each picture aloud if needed. Do not give the sound.

MOVE & FIND THE SOUND

Use the actions. Find sounds in familiar things.

Name: _____ Date: _____

1. Listen and point.

Adult: Say /s/, /m/, or /t/. Child points to the matching letter.

m	s	t

2. Go on a sound hunt.

Find or think of one thing for each sound. Draw it below.

m	**s**	**t**

3. Tell someone about your pictures.

Point to each letter. Say its sound and the name of your drawing.

Adult: Accept a spoken answer or help draw the chosen object.

ANSWER KEY & SUPPORT

Keep practice short and encouraging.

Say, Trace & Write

Model M/m, S/s, and T/t. Accept developing handwriting.

Watch the starting point and direction; offer a model as needed.

Beginning Sound Detective

Read across each row:

mouth - m; sun - s; turtle - t;

map - m; sock - s; top - t.

Move & Find the Sound

1. Point to s for /s/, m for /m/, and t for /t/.
2. Accept objects with the target beginning sound.

Examples: m - mat or mitten; s - sun or sock; t - toy or turtle.

3. Accept a picture name paired with its beginning sound.

If a sound is tricky

Return to the picture word and action. Say the sound together.

Use fewer letters at a time. Review before adding a new letter.

Offer oral help with picture names and all directions.

THANK YOU!

Thank you for learning with ReadyBloomReaders!

Ready for the next step?

Explore Book 1: Letters & Sounds, part of the Building Strong Readers series.

Continue with uppercase and lowercase letter formation, picture-based beginning sounds, suggested sound actions, and hands-on activities for growing readers.

Find the full Book 1 workbook at readybloomreaders.com under Printable Resources.

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